



Cheltenham Panthers Netball Club

COVID Safe Plan

Plan completed by: Dana Pritchard, President

Date reviewed – 20 September 2021

Contacts

www.cpnc.org.au

admin@cpnc.au

Important Links

COVID General - <https://www.dhhs.vic.gov.au/coronavirus>

Current Restriction Levels - <https://www.dhhs.vic.gov.au/victorias-restriction-levels-covid-19>

How to stay safe and well - <https://www.dhhs.vic.gov.au/how-stay-safe-and-well-covid-19>

Face Masks - <https://www.dhhs.vic.gov.au/face-masks-vic-covid-19>

Netball Victoria - <https://vic.netball.com.au/covid-19-information>

1. Physical distancing

Requirements

Participants, volunteers and organisers are 1.5 metres apart as much as possible.

We will do this by:

- Modifying sporting activities to ensure participants remain 1.5 metres apart where possible except when engaging in physical activity permitted by the Chief Health Officer directions
 - Providing updates on our website with COVID distancing protocols.
 - Minimising the number of people at training, by encouraging parents to either drop and go or remain in their cars.
 - Only coaches and COVID officer are permitted on the courts.
-

2. Wear a face mask

Requirements

- All participants, volunteers, parents/guardians and coaches must wear a face mask as per public health advice.
 - Masks are not required while training or competing.
 - Updated public health advice on masks is available at: <https://www.dhhs.vic.gov.au/face-masks-vic-covid-19>
-



3. Practise good hygiene

Requirements

- Sanitiser will be available at training and participants are encouraged to use it prior to beginning training.
 - Bibs and equipment will all be cleaned regularly. Sharing of equipment will be kept to a minimum and all equipment will be cleaned and disinfected between training sessions.
-

4. Record Keeping and Notification

Requirements

- Records will be taken of attendance of all people who attend training for more than 15 minutes for contact tracing. This will be done via QR code and taking a role of participants.
 - Players, coaches and volunteers are encouraged to get tested and stay home even if they only have mild symptoms.
 - If a player, volunteer, coaches or parent/guardian has been notified by health authorities that they are a positive case or have been in close contact should NOT attend training until they receive their test results or have completed their quarantine period and are cleared by DHHS.
 - Members are required to notify the club via email admin@cpnc.org.au or their coach if they have been at training or a game through a possible infectious period.
 - Players, coaches and volunteers cannot be present at training if displaying any COVID symptoms.
 - If there is an outbreak: or if there has been an identified person with COVID 19 at training:
 - The COVID officer will contact :
 - DHHS and notify the actions taken
 - WorkSafe on 13 23 60
 - all coaches, who will undertake an additional clean of all equipment
 - club members who were close contacts
 - Council
 - The COVID officer will follow instructions provided by DHHS, which may include cancelling training
 - More information can be found at <https://www.dhhs.vic.gov.au/workplace-obligations-covid-19>.
-

5. Activity Bubbles

Requirements

- Teams will be restricted to their sections on the courts and will only play practice games with other teams when CHO restrictions allow. Cross team training will be limited to one team per week.