



Cheltenham Panthers Netball Club

Pride Passion Power



Player/Parent Commitment and Expectations

Philosophy

Cheltenham Panthers Netball Club has developed these expectations to remind and encourage all members involved in junior sport to support and nurture all our young players.

Player Commitment

Netball is a Team Sport requiring all players to work as a team, we want all our teams and players to be successful in a competitive but harmonious environment. We encourage all our players to bring a positive attitude to our club and strive to be their best.

There is no room for selfish players or players who believe they are the most important component of the team.

Our club motto is **“Pride, Passion, Power”** and we expect our players to commit first and foremost to the club, then to their team and lastly to themselves.

Players must commit to:

- Commit to attending a minimum of 95% of training sessions and the same for their games with an exception for illness.
 - If you are not able to attend games or training for any reason, this must be communicated, as early as possible to your coach.
 - Coaches have the option of placing any player on the bench who has not attended the previous week’s training, for the first quarter of that players next available game or should that be unworkable, another quarter at the coach’s discretion.
- Arrive on time to training and for the pre-game compulsory warmups, with their drink bottle full and any medication they may need, eg Ventolin puffers and an enthusiastic attitude.
 - Coaches have the option of placing any player on the bench who has arrived late to game day and therefore did not participate in the pre-game compulsory warmup, for the first quarter of the game or should that be unworkable, another quarter at the coach’s discretion.
- Commit to maintain and improve fitness.
- Listening to your Coach/es advice and instructions – it will lead to improved performance and enjoyment of the game.



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- Being attentive and training hard.
- Have and display respect and support for your coach and team manager.
- Respect and support your fellow team members.
- Respect the umpires and their decisions.
- Wearing of the correct uniform including proper footwear.
 - Proper footwear is mandatory for all training sessions, players who attend training in incorrect footwear (ie. School shoes), will not be allowed to participate.
- Letting the coach and Team Manager know in advance if you are unable to attend either training or the match.
- Being prepared to help the club or their teammates when asked.
- Advising the club in writing of any injuries or ongoing Medical Conditions they have and providing updates as and when needed.
- Support our relevant fundraising activities.
- Attend all functions.

Parent/Carer Commitment

We expect parents of players to behave in a fair and reasonable manner in line with the following expectations:

- Commit to having your child attend the majority of training sessions and the same for their games exception for illness.
 - If your child is not able to attend games or training for any reason, this must be communicated, as early as possible to their coach.
 - Coaches have the option of placing any player on the bench who has not attended the previous week's training, for the first quarter of that players next available game or should that be unworkable, another quarter at the coach's discretion.
- Commit to having your child arrive on time to training and for the pre-game compulsory warmups, with their drink bottle full and any medication they may need, eg Ventolin puffers and an enthusiastic attitude.
 - Coaches have the option of placing any player on the bench who has arrived late to game day and therefore did not participate in the pre-game compulsory warmup, for the first quarter of the game or should that be unworkable, another quarter at the coach's discretion.
- Remember that children participate in sport for their enjoyment, not yours.
- Encourage children to participate, do not force them.
- Focus on the child's efforts and performance rather than winning or losing.
- Total respect and support of your child's coach and team manager.



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- Respect for your fellow parents.
- Show sportsmanship for your children by treating all Coaches, Officials and Player of both teams with courtesy and respect – knowing that without them, your children could not participate.
- Under no circumstances can parents coach from sidelines – or call out.
- Being rostered on to score games several times over the season.
- Support by volunteering when the club ask for any fundraisers activities.
- Advising the Club in writing of any injuries or ongoing Medical Conditions the player has and providing updates as and when needed
- Abide by the Guardian Code of Conduct (attached).
- Positive support for players.
- Consider volunteering as a Team Manager, Coach and/or Committee Member.

GUARDIAN CODE OF CONDUCT

Last updated: May 2020

You must ensure the standards of the [Fair Play Code](#) are applied by demonstrating the five core values that will lead to fair play for all:

- Integrity
- Respect
- Responsibility
- Fairness
- Safety

In addition to [Netball Victoria's General Code of Conduct](#), as a parent/guardian in any activity held by or under the auspices of Netball Victoria, Region, an Affiliated Association/League or Club you must meet the following requirements in regard to your conduct during any such activity or event.

1. Fully comply with the [Child Safety in Netball Code of Conduct](#).
2. If your child is interested, encourage them to participate in the appropriate netball activity. However, if your child is not willing to participate, do not force him or her. Remember, children are involved in organised activity for their enjoyment, not yours.
3. Focus upon your child's effort and performance rather than the overall outcome of the event. This assists your child in setting realistic goals related to his/her ability by reducing the emphasis on winning.
4. Teach your child that an honest effort is as important as victory, so that the result of each game is accepted without undue disappointment.
5. Encourage your child to always play according to the rules.
6. Never ridicule or yell at a child for making a mistake or losing a game.
7. Remember that children learn best from example. Applaud good play by all players.
8. If you disagree with an umpire or coach raise the issue through the appropriate channels rather than question their judgement and honesty in public.
9. Support all efforts to remove verbal and physical abuse.
10. Recognise and respect the value and importance of volunteer administrators, coaches, and umpires. They give up their time and resources to provide recreational activities for players and deserve your support.
11. Be a model of good sports behaviour for children to copy.
12. Be courteous in communication with administrators, coaches, players and umpires. Teach children to do likewise.
13. Support the use of age appropriate development activities and modified rules.